

FAQ's  
CLASS A Soccer Camp at Asbury College  
June 7-11, 2009

1. **What is CLASS A Soccer?** CLASS A is an acronym for Character, Leadership and Sports Skills Academy. It was created to provide players with exceptional instruction in soccer skills, conditioning and team competitiveness and to help develop high school and pre-college athletes in their leadership and character development. This is a Christian based organization, which has partnered with other well established organizations in order to fully equip these players to become better and stronger athletes on and off the field. More information can be obtained from our website at [www.classasoccer.com](http://www.classasoccer.com).

*CLASS A* has partnered with *Asbury College*, which is a Christian Liberal Arts college in Wilmore, Kentucky ([www.asbury.edu](http://www.asbury.edu)). Asbury has a long standing commitment to the development of Christian men and women and has a strong interest in developing Christian athletes as well. Their facilities are state of the art and their new soccer field is one of the finest playing surfaces around. We are also fortunate to have their award winning Men's soccer coach, Josh Oakley, as a member of the CLASS A Soccer staff for the boys and Paul Nesselroade for the girls.

We have also partnered with the *Charlotte Eagles Professional Soccer Franchise* to provide first class instruction and leadership training. The Eagles Men's Team plays in the United Soccer League (USL), Division 2, and the Lady Eagles play in the USL "W" League. What is unique about the *Charlotte Eagles* is that they are a ministry based organization with vast experience running Team camps for colleges and high schools around the world. We are fortunate to have several of their professional players leading instruction at Camp with Danny Harvey serving as one of our Directors for the boys and Ashley Swinehart for the girls. Please visit their website for more information on the *Charlotte Eagles* ([www.charlotteeagles.com](http://www.charlotteeagles.com)).

Additionally, *Ichthus Ministries* has partnered with CLASS A Soccer and has been instrumental in the retention of partners and development of worship opportunities and concerts. They have been kind to provide all participants with a complimentary weekend pass to the Ichthus Music Festival that will have included many of the most recognized Christian Artists, such as Toby Mac, Switchfoot, Reliant K, Kutless, Jeremy Camp, Casting Crowns, Skillet, Grits, David Crowder, Hawk Nelson, Red, Building 429, Leland, Family Force Five and Stellar Kart – just to name a few. There will also be nationally renowned speakers such as Justin Lookadoo and Efreem Smith. The Festival runs June 11-13, 2009 and you can visit their website for more information ([www.ichthus.org](http://www.ichthus.org)).

Finally, we are fortunate to have Tim Rucker from Carmichael Training Systems to provide Individual agility and physiological assessments for those who sign up. Carmichael Training Systems is one of the leading training systems in the Country. They have trained athletes such as Lance Armstrong and many others. Tim Rucker is an Expert Coach with Carmichael. He has earned a Bachelor of Sport Science in Exercise Physiology from Ohio University (2003) and a Masters Degree in Exercise Physiology from Ohio University. He is currently the Assistant Strength Coach at Dennison University. Tim is a member of the National Strength and Conditioning Association. He is a Certified Strength and Conditioning Specialist and an American

College of Sports Medicine: Health Fitness Instructor. The assessments to be performed by Tim can be use to compare the individual athlete with others at the camp, as well as similar athletes across the country. . Please visit their website at [www.trainright.com](http://www.trainright.com).

2. **Why go to the CLASS A Camp instead of other camps?** There are many soccer camps that serve many purposes. Many players will attend more than one camp. We are unique for the Complete Athlete in that we will provide outstanding soccer skills conditioning and development and competition while also providing outstanding leadership and character development. There will be no sacrifice of the soccer component, or in the development of the player as a person. We will focus on developing exceptional soccer skills and tactics, team building, conditioning and unity from the soccer side, while also focusing on identity, motivation, faith on the field, work ethic, character and sportsmanship on the character and leadership side. We believe that the whole person needs development and that each component is incredibly important.
3. **Is this for High School only?** Yes. However, we do welcome recent High School graduates to the camp who want to further their training in anticipation of entering college. We also allow players to attend who are not yet in high school, but who will be playing on a high school JV or Varsity Team.
4. **Is this for boys and girls?** Yes. We are pleased to offer camps for both boys and girls. While the camps will be run the same week, the boys and girls camps are completely separate, except for meal and chapel times. The dormitory facilities are on separate sides of the Asbury campus and the boys and girls will not be permitted in each other's dorms for any reason. Both boys and girls camps will be sufficiently staffed and supervised to prevent any issues from developing. This is a high priority for *CLASS A Soccer*.
5. **Is this a residence only camp?** Yes. Considering that this camp will involve intensive training and activity, we believe that having commuters would impede the goals and objectives of the camp. If there are particular exceptional circumstances, please let us know and we will see if something can be worked out without jeopardizing what we are trying to accomplish.
6. **Can a player drive his or her own car?** A player may drive to the camp, but the cars will not be in use until the camp is over.
7. **Can players leave for other events and come back?** As mentioned before, unless there are exceptional circumstances that have been pre-approved, there will not be a commuter component to this camp.
8. **When does the camp begin?** Registration will begin on Sunday, June 7, 2009 at 2:00 p.m.
9. **When does the camp end?** Parents may pick up their players on Thursday, June 11, 2009, at 3:00 p.m.
10. **How much does it cost?** The all inclusive cost of the camp is \$315. Although specific scholarships are not available, if a Team has a player that cannot attend due

to funding and the Team has unsuccessfully been able to find aid, please contact *CLASS A Soccer* and we will see if additional support can be found for that player.

11. **Can I pay with a credit card?** Yes. You can pay with a check or credit card or online with a credit card at [www.classasoccer.com](http://www.classasoccer.com).
12. **What is included in the price of the camp?** Your fee covers everything, including room, meals, instruction and training, worship and concerts, a ball, a shirt, a water bottle and a complimentary ticket to the Ichthus Music Festival.
13. **When is the balance of the fees due?** To hold your spot at camp, a \$100 non-refundable deposit is required. The remaining \$215 will be due on or before May 23, 2009, unless other arrangements have been made with *CLASS A Soccer*.
14. **How do we get to Asbury and where do we register?** Take Highway 68 from Lexington. After passing highway 29 on your left, you will approach a “Y” in the road. Bear left on Lexington Avenue (towards the Veterans Center/Wilmore/Asbury). Registration will be at the Student Center in the center of campus.
15. **Who will be leading the soccer training?** The soccer training will be led by several professional soccer players from the Charlotte Eagles Franchise Men’s and Women’s teams and the Head and Assistant coaches from the Asbury College Men’s and Women’s teams. The Directors will be Danny Harvey of the Charlotte Eagles and Josh Oakley from Asbury College on the boy’s side and Ashley Swinehart from the Lady Eagles and Paul Nesselroade from Asbury College. The coaches will be assisted by current and former college athletes from Asbury College.  
  
The Keeper training will be led by one area’s leader in training keepers, Jacob Sither. Jacob has extensive experience as a college keeper at Centre College, Keeper Training with Keeper Edge and coaching with local High School and Club teams He will be assisted by former Asbury Keeper, Brandon Ponchak. For further information, please see our website or brochure.
16. **Who will be leading the Leadership training?** The leadership training will primarily be provided by the Charlotte Eagles.
17. **Will there be individual skill development and assessment?** Yes. It is expected that each individual will receive specific one on one and small group instruction in addition to team instruction.
18. **Will there be positional instruction?** Yes. In addition to general skills and conditioning, we anticipate that players will be given specific instruction on tactical considerations of their specific position.
19. **Will there be team competition and assessment?** Yes. Each day, players will participate in competitive matches, including 11 v 11, 5 v 5 and 3 v 3 matches as appropriate. Smaller matches will also be used as indicated to ensure better development of the player and a greater number of touches for all players.

20. **Will there be conditioning?** Yes. As part of each day, players will be put through various conditioning drills. This will be balanced with skill development, matches and leadership training.
21. **What is there for Keepers?** We are excited to provide the latest methods of training goalkeepers as part of our curriculum. This training will include innovative instruction that balances shooting drills and technical exercises with realistic shots and game situations. In so doing, this will enable the goalkeeper to extend his or her range, mental toughness and decision making, while improving his or her leadership and communication capability. We are fortunate to have Jacob Sither, one of the leaders in the area's goalkeeping community, to provide this training. He will also be assisted by former Asbury goalkeeper, Brandon Ponchak.
22. **Who will be supervising/chaperoning the players?** The same leaders providing the soccer training and leadership development will also serve as chaperones for the players in the dorms. Having their presence in the dorms will enable them to know the players better and gain credibility as they move through the week.
23. **Where will the players be housed?** Players will be housed at the dorms at Asbury College. These dorms are air conditioned and secure.
24. **How secure are the dorms?** Access to the dorms is secure and will be locked down at night at curfew. A desk monitor is on duty 24 hours per day in each dorm. There will be no one coming or going after the doors are locked. There are also security guards watching the campus at all times.
25. **How are roommates decided?** The roommate assignments will be determined by the individual school and players. If the player is coming as an individual, they can request to be placed with someone else that is coming or they will be assigned a room with another individual player. Roommates will not be reassigned after camp begins absent a significant reason.
26. **Will there be a curfew?** Yes. The time will be announced at the orientation meeting on June 7, 2009.
27. **What are the dining facilities like?** There are many dining options at the modern dining facility at Asbury. Meals are prepared by the dining staff and can be prepared by the player as well. There will be many food options at each meal, from salads to burgers and sandwiches to hot meals prepared for the players.
28. **Who else will be attending?** This is a high school and pre-college residential camp. Players have historically come from schools in Kentucky, Ohio and Virginia, but we have also seen individual players from all over our region and Texas and North Carolina.
29. **How competitive will the other teams be?** We anticipate that the competition will be excellent based on the schools that have attended in the past. In addition, the pros and college staff will combine with current and former Asbury College players to provide additional competition for the teams in a "Pros v Joes" competition.
30. **Can individuals come without a team?** Yes.

31. **What will the daily activities be like?** Each day, the player will spend time conditioning, working on skill development, learning tactical approaches to the game, playing matches, engaging in team building and unity exercises. They will receive instruction on character and leadership topics such as identity, motivation, work ethic, faith on the field and sportsmanship. This will be accomplished by lecture, group discussion, unity activities and exercises and worship. All players will have the privilege of concerts provided by Ichthus Ministries in conjunction with noted artists.
32. **Will there be free time?** Yes. Free time will be structured to some extent. In other words, players will not be left to completely roam free and do whatever they can find to do. Meal times will be leisure and players will have adequate time to unwind and relax. These times are strategically selected throughout the week depending on the fatigue level of the players.
33. **Will the players have the opportunity to use the Luce Activity Center?** Yes. The Luce Center will be available to players as part of their free time and perhaps part of their team building activities. The Luce Center has basketball, swimming, racquetball, an indoor track and weight room. There are also outside tennis courts and basketball courts.
34. **Do the players need additional spending money?** That is up to the player. There will be things they can buy on campus, but there are no additional mandatory fees or charges. There will be camp photos available for purchase at Registration for \$10.
35. **What should the players bring?** A list of what to bring is attached. In addition to the list of “What to Bring,” each player must be certain to bring a medical form, waiver form and unpaid fees.
36. **What should the players NOT bring?** Do not bring anything that is unfit, illegal or immoral (including, but not limited to alcohol, drugs, tobacco, pornography, weapons, inappropriate attire or similar things). Also, do not bring computers, TV’s, game systems or movies. Players will not have time to use these devices. Please use modesty in choosing attire and remember that revealing or suggestive or offensive attire will not be permitted.
37. **What will happen if a player violates the rules or vandalizes the property?** Zero tolerance is the rule. If a player brings anything illegal, he or she will be required to leave. Other acts of misconduct or violations of the rules will be handled on a case by case basis, at our sole discretion. This could range from verbal correction to dismissal.
38. **Will there be information on the internet?** Yes. Please see additional information at our website: [www.classasoccer.com](http://www.classasoccer.com).
39. **Do we need to sign a waiver?** Yes. One is included in the registration packet.
40. **Is there an emergency contact number?** Yes. You may contact Mark Nichols at 859-608-8234 or Brandon Ponchak at 740-684-0885 if you have an emergency that needs to be conveyed to your player. This will NOT be used as a general information

line during the camp week. You may also contact Asbury College at 859-858-3511. Additional numbers will be provided at registration.

41. **Can the players get a tour of Asbury College?** Yes. We anticipate that a formal tour of the Asbury College campus will be arranged during the week.
42. **Can my child go directly from camp to the Ichthus Music Festival?** All players will be released at the end of Camp to their parent or designated adult unless prior arrangements have been made in writing with CLASS A Soccer.
43. **How do I get a room at Asbury for the Ichthus Music Festival?** You may secure a room at Asbury College for the Festival on a priority basis as a result of having attended the CLASS A Soccer Camp. These rooms can be secured by contacting Ichthus directly at 859-858-3001. Be sure to mention that your child is attending the CLASS A Soccer program to ensure the availability of your room(s). These rooms will need to be reserved by May 23, 2009 to ensure availability. Adult chaperones are required.
44. **How much are the rooms?** The rooms are \$25 per bed per night. That money is paid directly to Ichthus Ministries.
45. **Can friends of the player also stay in the dorms during the Ichthus Festival?** Yes. This is one of the perks of the CLASS A Soccer program. You may reserve rooms for your player and guests that will be attending the Ichthus Festival. Please contact Ichthus directly. Adult chaperones are required in the dorms.
46. **How do I get to the Festival?** The Ichthus Festival is located at the Ichthus farm in Wilmore. It is located directly on Highway 68 in Wilmore. You can park at the Festival through the main gate on Highway 68 or you can either take the shuttle from Asbury College or park at Asbury College and walk.
47. **Can Visitors come to Camp?** Yes and no. You may come to watch Camp matches and games as a spectator, but *CLASS A Soccer* would request that any visits be limited to this level of contact to ensure the smooth operation of all activities. The schedule of games and matches will be provided at Registration.
48. **Can the parents attend Orientation?** Yes. Parents are welcome to attend the orientation after Registration at the Student Center in the middle of campus. This will give you an overview of the week's activities and expectations for the players.
49. **Is there a session on playing in College?** Yes. There will likely be a session taught on playing in college. This session generally covers the advantages and disadvantages of playing in NAIA to Division I, as well as what expectations and preparations are involved for the individual player and parent. This session is open to all parents and coaches and the schedule for the session will be available at Registration.
50. **Additional Information.** If you need additional information, please feel free to email us at [classsoccer@gmail.com](mailto:classsoccer@gmail.com) or call Mark at 859-608-8234 or Brandon at 740-684-0885